THE 3 PEAKS CHALLENGE
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24 HOUR CHALLENGE

The 3 Peaks Challenge is a serious test of strength, stamina and determination where we aim to climb the 3 highest peaks in Scotland, England and Wales, all in 24 hours.

Our challenge begins in Fort William, Scotland, where we start with an assault on Ben Nevis, the highest of the 3 peaks at 1344m, before transferring across country to Scafell Pike in the Lake District. Here we use the last of the day’s light to guide us up to its summit at 978m. With weary legs and by torchlight, our final test of endurance and determination is to summit Mt. Snowdon, Wales at 1085m, and descend before clocking 24 hours. On completing the challenge we enjoy a well deserved celebration brunch with the rest of our team before returning back to London.

Day 1            FRIDAY - TRANSFER TO FORT WILLIAM
Early evening    Meet at Glasgow Airport and transfer by bus to the Fort William area.

On arrival at our hotel/lodge accommodation we have a challenge briefing before enjoying a hearty welcome dinner.

Day 2            SATURDAY - BEN NEVIS & SCAFELL PIKE
0700             After an early breakfast we begin our 5 hour climb of Ben Nevis, the UK’s highest peak, (1344m).

1200 +           Depart Ben Nevis for Scafell Pike in The Lake District via mini-bus.
1800 +           Start ascent of Scafell Pike - England’s highest peak (978m).
2300 +           Depart Scafell Pike for Snowdonia via mini-bus.

Day 3            SUNDAY – MOUNT SNOWDON
0230 +           Start ascent of Mount Snowdon – the highest peak in Wales (1085m).
0630 +           Finish in the car park at the base of Snowdon.
0900 +           Enjoy a team celebration brunch before transferring to Chester train station for our onward journeys home.

Route details will be provided at the challenge briefing prior to departure. This itinerary is complicated and may be subject to change. All timings are approximate.
**COST OF CHALLENGE**

40+ participants: From £399pp  
20 – 39 participants: From £449pp  

Minimum Number: 20 participants

**Registration Fee: From £99pp**

The final balance is due ten weeks before the challenge.

**WHAT’S INCLUDED?**

**Day 1:** Transfer from Glasgow airport to Fort William area, dinner and over-night accommodation on a shared basis.

**Day 2:** Breakfast at accommodation, lunch and dinner, snacks and water en route, transfers between Ben Nevis and Scafell Pike, and Scafell Pike and Snowdonia.

**Day 3:** Celebration brunch, transfer from Snowdonia to Chester train station.

**General:** Action Challenge Mountain Leaders / Event Medics to guide the climbs. Transportation of participant luggage.

**WHAT’S NOT INCLUDED**

Flight/train to Glasgow, return train home, travel insurance (optional), personal equipment/clothing.
ABOUT ACTION CHALLENGE
OUR CREDO

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of the lengths we go to, to bring our clients experiences they would be unable to find anywhere else.

But beyond the places that we go to, what makes our trips truly unique is the way we encourage our groups to bond together as a team. As the saying goes, it’s through adversity that people come together; and in addition to the natural camaraderie that comes with passing round the Compeed and the muscle rub, we actively involve people in the way the adventure unfolds. We believe that through great organisation and a good relationship with our clients, the more we are out of the limelight, the more members of the group get to shine.

We’re also rather keen on our work-hard, play-hard ethic. Many of the people who come on our trips literally have a mountain to climb in terms of the scale of the challenge they are taking on. We believe that with effort should come reward, and make sure that all our participants get the opportunity to celebrate their accomplishments in a truly befitting style.

And finally, we know that there’s something strange that happens to people when they are out on a mountain pass or cycling through some totally foreign environment. You can see their faces loosen and their bodies lighten as they look around and put life into perspective. It’s seeing that transformation that gets us out of bed in the morning and it’s why our motto is….

“of all the paths you choose in life, make sure some of them are dirt”.

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