



SNOWDON AT NIGHT SUMMIT



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Our Snowdon night challenge weekend will see you trekking through the day, resting in the evening and then waking up around midnight to start the trek to the summit of Mount Snowdon. Be ready for the toughest part of the challenge, so come along and join us on an exciting night time UK summit challenge!

DAY 1

For the main we will meet at the Llanberis YHA for 18:00 meet the team, check into rooms and the event briefing. This will be followed by dinner at 19:00 and then off to bed for a few hours sleep before the night summit begins.

For those that are interested there will be an optional warm hike available between 15:00 - 17:00

DAY 2

We are awoken at 00:00 by our trek leader ready to set off on our night walk for 01:00 – 02:00. We aim summit Snowdon for sunrise before returning back to the YHA for breakfast. Departure times will vary depending on the time of year the challenge takes place.

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COST OF 24 HR CHALLENGE

18 participants: £120

INCLUDED

One night accommodation in a YHA

3 meals

Fully qualified mountain leader



FOOD

Meals will be varied and plentiful. We provide hot meals for your dinner on the Saturday and your breakfast on Sunday. We will also provide you with a packed lunch on the Saturday whilst out walking.

All meals are full of carbohydrates, protein and nutrients to keep us well fuelled throughout the trip.

We can cater for all dietary requirements if informed in advance.

ACCOMMODATION

All accommodation is on a single-sex basis.

EQUIPMENT REQUIRED

Heavy fleece/ Wind Stopper

Hat and gloves

Waterproof jacket and trousers

Platypus or water bottles (2-3 litres)

Base layers (including spare dry layers)

Walking trousers

Walking boots

Day sack - 20 / 30 L + waterproof shell

Energy bars/snacks/chocolate

Casual wear for evenings

Wash kit and Trek towel

Head torch!