

# Cotopaxi Climb

2022 & 2023



[actionchallenge.com](https://actionchallenge.com)

 actionchallenge  
challenge events worldwide

## About Us

# Action Challenge

We are Action Challenge, and we bring people together through challenge & adventure.

Since 1999 we've organised inspirational challenge events & adventures in the UK and Worldwide, for individuals to join, and for groups, companies & charities. Take on a challenge just for yourself, or link it to a special cause and fundraise – so far our events have raised over £90 million for charities. Now is the time to set new goals, to re-energise, and to get active!

We have over 40 UK & overseas challenge events that you can sign up to now – ranging from a meandering 25 km Thames Path walk, to conquering a mighty Himalayan peak. Take on an unforgettable group adventure and push yourself further! We welcome individuals, couples, or groups of friends & family – and you can self fund, or link your challenge with fundraising for a chosen charity.

Few experiences bring a group closer together than an outdoor adventure which challenges comfort zones, builds resilience & understanding, and forges respect & friendships. If you have a group, you can join one of our 40 or so scheduled events, or if you want something special – we can craft a bespoke itinerary or plan a unique challenge event to meet your objectives and get your team energised!



# Why Choose Us?

**1**

## 100% ATOL PROTECTION

We are 100% ATOL (Air Travel Organiser's Licence) bonded - ATOL number 6296. Offers full financial protection by the CAA (Civil Aviation Authority) for clients who have booked package trips, including flights.

**2**

## UK LEADERS & MEDICS

Every challenge is managed & led by one of our expert UK Qualified & trained Mountain Leaders, working alongside them will be a UK Medic whom has experience of expeditions & group challenges.



## EXPERIENCED LOCAL TEAMS

Our hand picked local teams & crew know the routes like the back of their hands! You will be fully supported by the experts - who will also teach you about the destination, people, culture & history!

## 4 THE GROUP EXPERIENCE

Join as an individual, couple, or group of friends - we bring people together and create an atmosphere where each person is supported, motivated & encouraged through the trip. Sharing adventures together we have a lot of fun!

## 5 TRAINING & SUPPORT

Once you've signed up to the challenge, you'll be supported by our teams with specifically designed training plans, a challenge app, an invite to join our Facebook group & options to join us on training walks & challenge briefing. By the time you are due to travel you'll be ready & raring to go!

## 6 OUR ITINERARIES

**OVER 20+ YEARS OF EXPERIENCE BRINGS YOU THE BEST ITINERARIES & DESTINATIONS**

## 7 QUALITY ASSURED VALUE

We pride ourselves on selecting the best local teams, hotels (always 3\*+), restaurants & guides so you can experience the best each destination has to offer. A highlight will certainly be our final celebratory meals & party at a fantastic venue!

## 8 OUR CLIENTS

We've taken teams from Harrods, Blackrock, HSBC and more to the summit of Kilimanjaro, and have also run events here in the UK for companies such as Tesco, British Gas and M&S. We've got over a decade of experience of working with organisations of every size. Our team of experts will work with you to ensure that your event is a success, achieving your goals and leaving a lasting impact.



# Cotopaxi Climb

## CLIMB THE WORLD'S HIGHEST ACTIVE VOLCANO

Ecuador is packed with variety, culture, great food, wonderful people and incredible mountainous terrain. Its volcanoes are a magnet for trekkers and mountaineers - Cotopaxi is the highest active volcano in the world at 5,897m and gets all the glory. With its almost perfect cone shape and its close vicinity to the vibrant and historical city of Quito, it is a popular climb and a very exciting trek. Cotopaxi has a glaciated summit and it requires us to use ropes, ice axes and crampons. Our local team will train us on the use of ice axes and crampons. The build up treks and ascents give you the perfect acclimatisation you need for a successful summit!

# Cotopaxi Climb

## DAY 1 - ARRIVE QUITO

We fly to Quito, Ecuador and enjoy a meal in the evening.

Meals: D Accom: Hotel



## DAY 2 - ACCLIMATISING IN QUITO

2,800m

We take this day to acclimatise to the rarefied atmosphere. We explore Quito's famous Colonial Quarter, a UNESCO World Heritage Site, with churches, lively plazas and museums. Later, we'll head to Mitad del Mundo where the equatorial line passes, dividing the Earth in 2 hemispheres, before visiting the famous Inti-nan museum.

Meals: BLD Accom: Hotel



## DAY 3 - PASOCHOA

4,199m

We head to our trailhead in the foothills of Mt. Paschooa, a trek that offers us our best chance to see the Andean Condor. One of the best treks acclimatisation getting us all prepared for a Cotopaxi summit. From the top there are some of the most beautiful vistas in the Central Andes and on a clear day we can see Cotopaxi.

Meals: BLD Accom: Hotel



## DAY 4 - RIMINAHUI

4,721m

Ruminahui is a long-extinct volcano in the Cotopaxi National Park. It has 3 separate peaks, although they are not considered separate mountains, unlike the Illinizas. This climb is perfect for breath-taking views of the peaks of Elz Corazon, Illinizas and of course the ever present Cotopaxi.

Meals: BLD Accom: Hotel

## DAY 5 - QUILOTOA LAGOON

3,900m

Today is an acclimatisation rest day. Quilotoa is a volcanic crater. We enjoy fantastic views of the Andes and Toachi Gorge along the way. Once in Quilotoa we descend into the extinct volcanic crater to the lagoon.

Meals: BLD Accom: Hotel

# Cotopaxi Climb

## DAY 6 - ILINIZAS NORTE

5,126m

Our starting point is called "The Virgin" a place where locals come to celebrate both the mountain and earth. We soak in constant views of snow-capped peaks and beautiful green lagoons. Our height gain today starts getting serious with the ascent to Illinizas North, an essential preparation for Cotopaxi. It's a steep climb with some minor scrambling, though breath-taking scenery reaching the summit at over 5,000m!

Meals: BLD Accom: Hotel

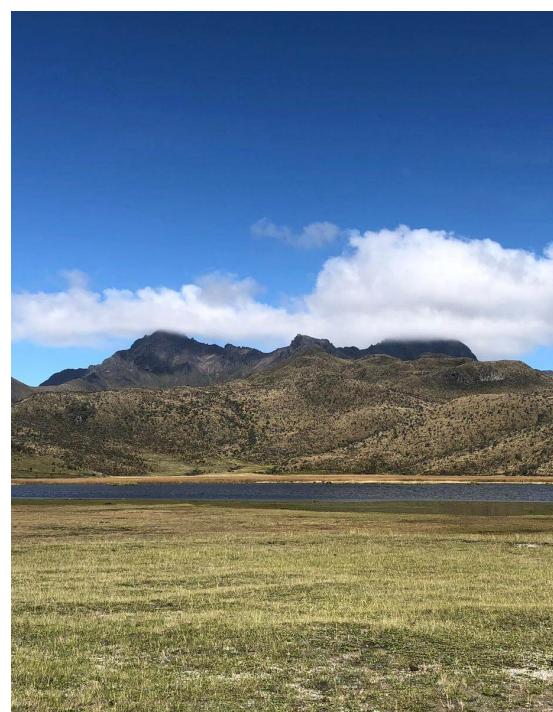


## DAY 7 - COTOPAXI

5,897m

Cotopaxi is the highest active volcano in the world at 5,897m! We transfer to the base of the mountain and we start our preparatory climb along easy tracks towards the Jose Rivas refuge at 4,864m. When we arrive we have an early supper and get a few hours sleep before it's time to get up for our night climb.

Meals: BLD Accom: Mountain Refuge



## DAY 8 - SUMMIT CLIMB

5,897m

We're off by midnight, we climb the tough steep paths on volcanic sand, then snow and finally glaciers that lead to the beautiful summit cone of Cotopaxi. After 6-8 hours we reach the summit in time to watch the sunrise over the Atlantic, with incomparable views to the North to Quito, as well as the mighty Chimborazo to the South. We can see into the snow-covered crater. To descend we take just two hours to get the refuge and then to our waiting support vehicle. After lunch, we transfer back to Quito and relax and recover from an exhausting morning. Tonight we celebrate together to mark the end of an incredible challenge.

Meals: BLD Accom: Hotel



## DAYS 9&10 - RETURN TO UK

On day 9 we say goodbye to this incredible country and transfer to the airport for our International flight home, arriving in the UK on the morning of day 10.

Meals: B Day 9 Accom: Flight

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## INCLUSIONS

- . Fully supported challenge
- . Action Challenge Expedition Leader & Medic
- . Full support team, including local guides
- . International flights and air travel taxes
- . All accommodation, twin share - hotels / tents
- . All meals with the group; breakfast, lunch and dinner
- . Climbing permit fees
- . Celebratory dinner in Quito
- . Pre event support & Challenge APP
- . Optional training weekends

## DATES & PRICES

Visit website for dates in 2022 & 2023.

## PAYMENT OPTIONS

An online Registration Deposit is required to secure your place on this challenge. Once registered, there are 3 payment options available to cover the remaining cost of your trip.

## SELF FUNDING

You pay the registration deposit, and then the full final balance directly to us.

## CHARITY SPONSORSHIP

You pay the registration deposit & fundraise twice the amount of the final balance. Your chosen charity pays us the final balance from this fundraising.

## MIXED FUNDING

A bit of both. You pay the deposit and split the final balance with your chosen charity. You will fundraise twice the amount that the charity is due to pay.



# Contact Us

[ask@actionchallenge.com](mailto:ask@actionchallenge.com)

0207 609 6695

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