

Inca Trail Trek Itinerary

2024 & 2025



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Inca Trail

Trip Itinerary



This trek takes you through the Andes mountain to the lost city of the Inca. With 4 days of trekking, you will follow ancient pathways through valleys and high mountain passes, before witnessing an unforgettable sunrise over this fabled lost citadel. Along the way, you will see abandoned Inca ruins and learn more about the history of this lost empire. You'll have support from our great local team, plus your Action Challenge guide. At night we camp in peaceful private camps, enjoying meals around the campfire. Afterwards, we return to Cuzco for a lively celebration of our trekking achievements

TRIP ITINERARY

DAY 1 DEPARTURE UK

FLIGHTS INCLUDED

The team will meet at the airport, at the check in zone, 3 hours before departure. Please look out for our team in red Action Challenge tshirts. You don't need to worry about your tickets as the Action Challenge team will have these ready to give you at the airport. You will just need your passport to hand. **DON'T FORGET** to wear your trekking boots on the plane, or at least have them packed into your hand luggage. Just in case your bag does go astray, you will at least then have your boots until the rest of your belongings catch up with you.

Your flight departure details will be confirmed 4-3 months prior to your challenge. They will likely be flying from either London Heathrow or London Gatwick.

There are no direct flights into Cusco, so it is likely we will have 3 separate flights to reach our destination.

TRIP ITINERARY



DAY 2 ARRIVE IN CUSCO

FLIGHTS INCLUDED

This morning we connect with a short domestic flight to the breath taking Andean city of Cusco (3,399m). We transfer to our central hotel and have the rest of the day to relax and enjoy one of the most celebrated cities in South America. We then re-group in the evening for a welcome meal and briefing on the days ahead.

This evening we enjoy an evening meal together at our hotel.

LAND ONLY

You will meet us at the 1st night hotel, in Cusco, and can check into your room here anytime from 3pm onwards. Our team will be there ready to meet you, as per the timings above.

MEALS: B, L, D
ACCOM: HOTEL

TRIP ITINERARY



DAY 3 ACCLIMATISATION WALK

CUSCO - SAKSAUHUAMAN 3700M - 8KM, 4 HRS TREKKING

We enjoy breakfast at the hotel, before grouping today for a short briefing about the plan for the day.

As Cusco is at 3,399m above sea level we need this day to let our bodies acclimitise to the altitude of the city, which is aided by plenty of water and food! It's only natural that we all feel the effects somewhat, and by walking up to a higher altitude for a short time, and returning to lower back in Cusco really helps with that process.

So we set out on an acclimatisation walk above Cusco, to the ruins of Saksayhuaman. The complex was built by the Incas in the 15th century, and today is a UNESCO world heritage site. We will stop at about midday for a group lunch, before we continue to explore.

The rest of the day will be free to explore a little more of this exciting city before a dinner together in a local restaurant spending a second night in our hotel in the centre of Cusco.

MEALS: B, L, D
ACCOM: HOTEL

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DAY 4 INCA TRAIL DAY 1

PISCACUCHU - HUAYLLABAMBA 3000M - 12KM, 6 HRS TREKKING

We will start the day with breakfast at the hotel, before grouping today for a short briefing about the plan for the day.

We will leave early, moving after breakfast at the hotel, to what's known as "KM 82", located in the Ollantaytambo district, in the Urubamba province in the City of Cusco, at a height of 2709m meters above sea level, on the edge of the Machu Picchu National Park. This marks the very start of the 'Inca Trail'. At a suitable point of the journey, we will stop for a rest and lunch break before continuing with the trek.

We will then proceed to walk along the banks of the Urubamba River until we reach the magnificent ruins of Llactapata and we will continue to our first camp of the trail, Huyallabamba (3,000m) where our tents and hot drinks await.

After enjoying dinner together, we will retire early to prepare for tomorrow's hike.

MEALS: B, L, D
ACCOM: CAMP

TRIP ITINERARY



DAY 5 **INCA TRAIL DAY 2**

HUAYLLABAMBA – PACAYMAYO **3600M, 12KM - 8 HRS TREKKING**

We will rise early and after breakfast we begin out on the trail, with a long and steep ascent to lunch on narrow trails, through grassland and then up through the clouds.

We will be climbing steadily for between 3 - 3 and a half hours, before the trail opens out onto a wide plain, where we will stop for lunch - feeling the effects of the ascent, we are now at 3,750m.

Continuing on for approx. another 2 hours of ascent, to the highest point of the trail, the impressive Warmiwanusca (Dead Woman's Pass at 4,270m), with striking views into the valley.

The final stretch of the day is a steep descent, of about 700m taking us another 2 hours of trekking, before we reach the Pacaymayo valley, where we camp for the evening.

MEALS: B, L, D IN CAMP
ACCOM: CAMPING

TRIP ITINERARY



DAY 6 INCA TRAIL DAY 3

PACAYMAYO - WINAY WAYNA 2700M, 16KM - 10-11 HRS TREKKING

For some, this is the toughest day of the trek - with a long day of trekking ahead of us - we rise early, to make the most of the light setting out just after an early breakfast.

The trail is steep in places, and mostly steps - we are rewarded with the Inca ruins of Runcu Raccay peppering the route. We ascend up to a pass over 4,000m, where we can have a short pause to take in the spectacular views of the Vilcamba range, before descending the steps down the other side.

Walking on a well-preserved Inca pathway, it takes us another 2 hours before we reach the Sayacmarca ruins, which is one of the highlights of the trail.

We will then continue along the ridge, up to the Phuyupatamarca ruins. Our descent begins downhill on an 'Inca staircase', which is steep and winding, after 2-3 hours the trail brings us into the cloud forest and the outstanding site of Winay-Wayna, which means "Forever Young", which we explore before heading into our camp. The evening will then conclude with a group dinner before we get some much needed sleep.

MEALS: B, L, D IN CAMP
ACCOM: CAMPING

TRIP ITINERARY



DAY 7 INCA TRAIL DAY 4

WINAY WAYNA - MACHU PICCHU 2400M, 6KM A3 HRS TREKKING

We rise early today (approx. 4am!) this is so we can make it through the gates into Machu Picchu within good time. We will take a 'packed breakfast' with us along the trail. We are awarded with the early morning sun lighting up the magnificent Machu Picchu ruins from the 'Inti Punku' or 'Door of the Sun'.

From here, we descend to the world's most famous ruins built in the 15th century, where we will have a guided tour - and of course take some group photos!

In the afternoon we continue to the town of Aguas Calientes by bus where we will stop and have some lunch, before a return train to Ollantaytambo, before a final coach journey of about 90 minutes back to the city of Cusco. After checking back into our hotel, and dinner we have an early night.

MEALS: B, L, D
ACCOM: HOTEL

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DAY 8 CUSCO FREE DAY

Today, we have a free day to look around Cusco. Optional extras include visiting the Pisac ruins, going white water rafting, or relaxing in the city before meeting up in the evening to celebrate our challenge achievement together with a celebration dinner, well into the night!

MEALS: B & D (NOT LUNCH)
ACCOM: HOTEL

DAY 9 DEPART CUSCO

FLIGHTS INCLUDED

Enjoy a free morning in Cusco, before transferring to the airport for our flight to Lima, and then onto our connecting flights back to the UK.

LAND ONLY OR EXTENDERS

If you are a 'land only' challenger you will have to check out of the hotel by 10am.

DAY 10 ARRIVE UK

Please note this itinerary is subject to change, depending upon the airline flight schedules. You will be notified of any changes, when your trip specific itinerary is published, 4-3 months prior to your challenge.



Contact Us

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